

# YOUNG TWIGS

## Judges 4:1–5:31

Year 2, lesson 2

“Then the sons of Israel again did evil in the sight of the Lord...”

This is a repeated pattern for the stubborn Israelites. God sends two strong women to set them straight. What about you?

Are you a strong woman of God? ▲

### **Observation: *what does it say?***

Read Judges 4:1–5:32 and mark: *Lord/God, sons of Israel, Deborah, Barak, Jael, Sisera, chariots.*

- Note the pattern here by giving the verses that match these events:
  - Sons of Israel did evil in the sight of the Lord.      verse \_\_\_\_\_
  - The Lord sold them into the hands of a pagan king.      verse \_\_\_\_\_
  - The Lord sends a judge to rescue them.      verse \_\_\_\_\_
- What does the Lord instruct Barak to do?
- What does Barak want Deborah to do?
- The Lord wins the battle, but Sisera escapes on foot. Where does he go? What happens to him?

### **Interpretation: *what does the author mean?***

- What did Deborah mean when she said to Barak, “I will go surely go with you; nevertheless, the honor shall not be yours on the journey that you are about to take, for the Lord will sell Sisera into the hands of a woman”?
- Let’s “chunk” the song into sections and interpret it.
  - Judges 5:1–5*: Who gets the credit for the victory?

- b. *Judges 5:6–11*: How does Deborah describe herself?
  
- c. *Judges 5:12–18*: The tribes of Ephraim, Benjamin, Zebulun and Issachar came to help out in the battle. Which tribes did not come?
  
- d. *Judges 5:19–23*: The kings fought. The stars fought. The river Kishon fought. Who did not come “to the help of the Lord?”
  
- e. *Judges 5:24–27*: Why is Jael called “blessed?”
  
- f. *Judges 5:28–31*: Who is waiting on Sisera to return? Is he coming back?

**Application: *therefore, what shall I do?***

- 7. List three character traits of Deborah and Jael. Do you have any of these traits? If so, how have you demonstrated them?
  
- 8. People often say that the Bible “demeans” women (submitting to husbands, unable to be pastors, etc.) In light of this lesson, how would you respond to them?
  
- 9. Deborah and Barak composed a song to celebrate this victory. Do you have a special song that celebrates God’s power? That reminds you of Him? Bring the lyrics with you. If you can sing, that would be even better!

